# **UNN** Office of the President

# **President's Weekly Perspective**

Good afternoon.

#### Shared University Values

"Integrity, trust, the pursuit and dissemination of knowledge, and public service are essential elements of the University's character and guide our decisions...

All members of the University community are expected to maintain the highest standard of ethics as articulated in the guiding principles. Our devotion to these principles at all times, under all circumstances, and in all our actions is key to our success as an institution and as individuals." - <u>UNM</u> <u>Regents' Policy Section 2.18: Guiding Principles</u>.

A few months ago, the Regents approved a policy that outlines four principles that should guide all actions taken by UNM Regents, employees, students, and volunteers serving in an official capacity.

- *Freedom of inquiry* We encourage, protect, and respect the exploration of ideas and their free expression.
- *Integrity* We build trust through transparency, truthfulness, and responsibility.
- *Inclusiveness and respect* We thrive in a diverse environment characterized by respectful regard for other persons, recognition of their dignity, and considered use of influence and power.
- *Responsibility to community* We reflect upon our past, serve our present, and strive to improve our future through thoughtful stewardship of our cultures and environment.

I am sharing these with everyone because it is important to remember these principles in each decision we make, mission we begin and goal we set. Whatever role or roles you serve at UNM, you represent an outstanding institution, and have the power to do incredible things. Life changing research, unending discovery and worldwide engagement are all possible when you subscribe to these beliefs.

## Getting Enough Z's

There has been much research and debate over the past few years on how much sleep is enough in today's society, and I would like to call attention to UNM's recent contribution to the conversation. One of our graduate students in the Anthropology Department, doctoral candidate Gandi Yetish, is the lead author on a paper published in Current Biology that examines the evolution of human sleep linked to seasons and temperature. By looking at different societal sleep patterns, this research is informing the current knowledge base. I am always pleased to hear about our students being acknowledged for their academic contributions – congratulations Gandi!

## **UNM Proud**

Every Lobo's story is unique. These stories are shared in many ways, through news outlets, public events, publications and more. Last week, I began reading some of these stories on a <u>new site</u> dedicated to sharing fascinating and distinct stories about students, staff, faculty and alumni.

Many of us tend to get wrapped up in our own worlds, focusing on the people we see every day and the fields in which we study or work. I encourage you to read these stories and learn about accomplishments and aspirations of fellow Lobos who you might pass every day without noticing. Take for example <u>Travis Davis</u> who leads UNM ADAPT to make campus a more accessible place for people with disabilities. Or <u>Marissa Livingston</u>, Lobo alumna and Miss New Mexico, who represented Lobos nationally as a White House intern and Miss America contestant.

Our lives go beyond just working for a degree or teaching a class. Each person on this campus has a story to tell. I encourage you to read more about your fellow Lobos, and to <u>share new stories</u> that would make all of us #UNMProud.

#### **Ending Poverty**

Tavis Smiley, in conversation with a multidisciplinary panel of local and national experts, will examine <u>poverty in America</u>, and its connection to the labor market and immigration. This event brings an important community issue to the UNM campus. <u>The event</u> is on Thursday, Oct. 29 starting at 6 p.m. in the Continuing Education Conference Center.

#### **Enhanced Branch Campus Connections**

Despite being hours away, Student Health and Counseling (SHAC) on the main UNM campus will now be closer than ever to UNM Gallup. Through an agreement with SHAC, <u>UNM Gallup will offer mental health services to its students</u>, which will provide critical support to students dealing with depression, anxiety, stress and other issues that can impede academic success. This partnership connects the Albuquerque and Gallup campus in a way that truly benefits even more of our student population.

Have a great week and Go Lobos!

Bob